Lawrence Dance Intensive Student Info Packet

Revised: 6/4/2025







Included In This Packet:

- Intensive Locations
- About the Lawrence Arts Center School of Dance
- About the University of Kansas Theatre and Dance Program
- Contact Us
- Important Dates
- Drop Off & Pick Up for LAC & KU
- What To Expect On Your First Day
- Daily Curriculum
- Class Attire
- Snacks
- Lunch
- Final Showing Details

Hosted at

June 9-11:

Lawrence Arts Center Main Building 940 New Hampshire St Lawrence, Kansas 66044

&

10th and Mass Studios 1000 Massachusetts St Suite D, Lawrence, KS 66044

June 12-14:

Robinson Center 1301 Sunnyside Ave. Lawrence, KS 66045 **Welcome** to the Lawrence Dance Intensive: Summer 2025! We are thrilled to have you spend your summer dancing with us.

This 6-day intensive provides dancers with world-class instruction by accomplished faculty, guest artists, and choreographers in the Lawrence Arts Center and The University of Kansas Theatre & Dance Program Studios. It is important that every parent/student reads this informational packet thoroughly and understands the demands of this Intensive experience, especially for a first-time attendee.

About the Lawrence Arts Center School of Dance

Established in 1985, the mission of the School of Dance is to cultivate artistry, excellence, and healthy communities through dance training, performance, and outreach. Our vision is to make dance 100% accessible to the entire Lawrence community. For over 30 years, the School of Dance's curriculum has been based on national dance education standards and taught by professionals. Focused on developing the artist as well as the art, the School of Dance offers frequent opportunities for performance through numerous and diverse dance productions as well as the pre-professional ballet company, Lawrence Ballet Theatre.

About the University of Kansas Department of Theatre & Dance

The Dance Division within the University of Kansas Department of Theatre & Dance is a creative and inclusive educational environment that serves as an inspirational learning incubator for the next generation of scholars performers, dancers, designers and technicians in theatre, performance and dance.

Undergraduate students train daily with nationally and internationally recognized faculty. Dance students at KU receive one-on-one attention, from individual advising sessions to the mentorship process for a practicum in teaching and the creation of a senior project.

Contact Us

• Dance Staff: dance@lawrenceartscenter.org

LDI Hotline: 347-687-2787

Drop Off & Pickup

June 9-11: Held at Lawrence Arts Center Studios

All students will be dropped off and picked up at 10th and Mass on the first day. Students will be given a schedule on the first day to know where to be dropped off and picked up the following days. See last page for drop off and parking map.

June 12-14: Held at Robinson Center

Students can be dropped off in front of Robinson on Sunnyside Avenue. Pickup will happen at the back of Robinson in the Rec/Watkins parking lot (lot 90) See final page for detailed picture of drop off and pick up.

What to Expect on your First Day

During the morning session on June 9, students will attend a brief welcome meeting at 10th & Mass Studios with the faculty and staff. Each student will then attend one of two ballet placement classes (determined by age) and either a Ballet Enrichment class for the Junior intensive dancers, or the Choreography Audition for Senior Intensive Dancers. Each dancer should bring their own lunch on the first day.

Classes may include:

- Ballet Technique (daily)
- Pointe
- Variations
- Modern/Contemporary
- Hip Hop
- Jazz
- World Dances
- Creative Process/Improv
- Injury Prevention/Wellness
- Music for Dancers
- Choreography/Repertory

Daily Curriculum (subject to change)

Session I & II: Junior Ballet Intensives

- 8:45-8:55 am | Recommended Student Arrival
- 9-10:15 am | Ballet Technique
- 10:30-11:45 am | Ballet Enrichment, Variations
- 11:50 am | Student Pick-Up

Senior Intensive

- 8:45-8:55 am | Recommended Student Arrival
- 9-10:30 am | Ballet Technique
- 10:45-11:45 am | Pointe, Ballet Enrichment, Men's Ballet, Variations
- 11:45 am-12:45 pm | Lunch Break
- 12:45-1:55 pm | Jazz, Modern/Contemporary, Creative Process, Hip Hop
- 2-3:30 pm | Choreo/Rehearsal
- 3:30 pm | Student pickup

Faculty & Guests

- Ashley Brittingham
- Jerel Hilding
- Sean Duus
- Mike Dolman
- Andie Stitt
- Claire Buss
- Elaine Kimble-Peaks
- Maya Tillman-Rayton

Class Attire

Students are required to wear proper attire for each class as listed below. Students are also encouraged to bring sweatpants/sweatshirts in case the studios are cool during the morning session.

Class Attire for Female Identifying Dancers:

- Ballet: Any color leotard, tights, ballet shoes; hair must be secured in a bun.
- Pointe: (determined by pointe placement--must have at least 1 years of prior experience en pointe): Pointe shoes and supplies.
- Jazz/Contemporary: Any color leotard, tights
- (convertible), black jazz pants/leggings/capris pants, jazz shoes (suggested) or ballet shoes (if student does not have jazz shoes).
- Modern: Any color leotard, tights (convertible or non- convertible), black jazz pants/leggings/capris pants, bare feet.

Class Attire For Male Identifying Dancers:

- Ballet: Fitted white t-shirt, dance belt, black tights, ballet shoes.
- Jazz/Contemporary: Fitted white t-shirt, black jazz or athletic pants, jazz shoes (suggested) or ballet shoes (if student does not have jazz shoes).
- Modern: Fitted white t-shirt, black jazz or athletic pants, bare feet.

Recommend Supplies For All Dancers:

- Body conditioning supplies: theraband, rubber ball, foam roller, etc.
- Thera band for Speciality Class
- Umbrella
- notepad & pencil
- hair supplies (if needed)

Snacks

Students are strongly encouraged to bring and eat snacks in-between classes to maintain adequate energy. Unfortunately, snacks are not available for purchase at the Arts Center so please bring your own.

Lunch & BuildingTransitions

For Days LAC

Students are responsible for providing their own lunch, whether that be a sack lunch or purchasing lunch at a downtown restaurant. Students will not be monitored during the lunch hour and building transition unless otherwise requested. The lower Lobby inside the main building is available for use during lunch hour and includes a microwave.

Each caregiver is required to sign the Lunch Break & Building Transition Acknowledgement for their child and bring it on the first day of the intensive.

For Days at KU

Students are responsible for providing their own lunch, whether that be a sack lunch or purchasing lunch at the Courtside Café at the DeBruce Center using cash or credit card. Students will be escorted by an Intensive chaperone to their lunch area each day.

Courtside Café (DeBruce Center)
1647 Naismith Drive, Lawrence, KS 66045 |
785-864-5694

Final Intensive Showing Details

Junior & Senior Intensive Showing:

 Saturday, June 14 1:30pm, Studios at Robinson Center KU

Each dancer is encouraged to bring up to 3 guests to the final showing. More details will be announced closer to the final showing.

DROP OFF/ PICKUP & PARKING



