

# Lawrence Dance Intensive

## Student Info Packet



lawrence**arts**center



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Hosted at:

#### Lawrence Arts Center Main Building

940 New Hampshire St  
Lawrence, Kansas 66044

#### 10th and Mass Studios

1000 Massachusetts St Suite D, Lawrence,  
KS 66044

#### Robinson Center

1301 Sunnyside Ave. Lawrence, KS 66045

**Welcome** to the Lawrence Dance Intensive: Summer 2025! We are thrilled to have you spend your summer dancing with us.

This 6 day intensive provides dancers with world-class instruction by accomplished faculty, guest artists, and choreographers in the Lawrence Arts Center and The University of Kansas Dance Program studios. It is important that every parent/student reads this informational packet thoroughly and understands the demands of this Intensive experience, especially for a first-time attendee.

### **About the Lawrence Arts Center School of Dance**

Established in 1985, the mission of the School of Dance is to cultivate artistry, excellence, and healthy communities through dance training, performance, and outreach. Our vision is to make dance 100% accessible to the entire Lawrence community. For over 30 years, the School of Dance's curriculum has been based on national dance education standards and taught by professionals. Focused on developing the artist as well as the art, the School of Dance offers frequent opportunities for performance through numerous and diverse dance productions as well as the pre-professional ballet company, Lawrence Ballet Theatre.

## **Contact Us**

- Dance Staff: [dance@lawrenceartscenter.org](mailto:dance@lawrenceartscenter.org)
- Front Desk Phone: 785-843-2787

## **Important Dates**

June 7: Last day to enroll

June 9: First day of the Lawrence Dance Intensive!

June 14: LDI Final Showing at KU

## **Drop Off & Pickup**

Student drop off/arrival is scheduled daily from 8:50-9am and pick up/dismissal from 11:45-11:50am for junior intensive dancers and 3:35-3:55pm for senior intensive dancers.

## **What to Expect on your First Day**

During the June 9 morning session, students will attend a brief welcome meeting at 10th & Mass Studios with the faculty and staff. Each student will then attend one of two ballet placement classes (determined by age) and either a pointe placement (for students with at least 1 year of prior experience en pointe) or a specialty class. Junior intensive dancers will be dismissed, and senior intensive dancers will have a lunch break. During the afternoon session, all students will have a specialty class and students will have an audition for the choreographed works. Each dancer should bring their own lunch on the first day.

## **Classes may include:**

- Ballet Technique (daily)
- Pointe
- Variations
- Modern/Contemporary
- Hip Hop
- Jazz
- World Dances
- Creative Process/Improv
- Injury Prevention/Wellness
- Music for Dancers
- Choreography/Repertory

## **Daily Curriculum (subject to change)**

### **Session I & II: Junior Ballet Intensives**

- 8:45-8:55 am | Student Arrival
- 9-10:15 am | Ballet Technique
- 10:30-11:45 am | Ballet Enrichment, Contemporary
- 11:50 pm | Student Pick-Up

### **Session I: Senior Intensive**

- 8:45-8:55 am | Student Arrival
- 9-10:30 am | Ballet Technique
- 10:45-11:45 am | Pointe, Ballet Enrichment, Men's Ballet, Variations
- 11:45 am-12:45 pm | Lunch Break
- 12:45-1:55 pm | Jazz, Modern/Contemporary, Creative Process, Hip Hop
- 2-3:30 pm | Choreo/Rehearsal

## **Faculty & Guests**

- Ashley Brittingham
- Jerel Hilding
- Sean Duus
- Mike Dolman
- Andie Stitt
- Claire Buss
- Elaine Kimble-Peaks
- Maya Tillman-Rayton
- Patrick Suzeu
- and more!!

### **Class Attire**

Students are required to wear proper attire for each class as listed below. Students are also encouraged to bring sweatpants/sweatshirts in case the studios are cool during the morning session.

#### **Class Attire for Female Identifying Dancers:**

- Ballet: Any color leotard, tights, ballet shoes; hair must be secured in a bun.
- Pointe: (determined by pointe placement--must have at least 1 years of prior experience en pointe): Pointe shoes and supplies.
- Jazz/Contemporary: Any color leotard, tights
- (convertible), black jazz pants/leggings/capris pants, jazz shoes (suggested) or ballet shoes (if student does not have jazz shoes).
- Modern: Any color leotard, tights (convertible or non- convertible), black jazz pants/leggings/capris pants, bare feet.

#### **Class Attire For Male Identifying Dancers:**

- Ballet: Fitted white t-shirt, dance belt, black tights, ballet shoes.
- Jazz/Contemporary: Fitted white t-shirt, black jazz or athletic pants, jazz shoes (suggested) or ballet shoes (if student does not have jazz shoes).
- Modern: Fitted white t-shirt, black jazz or athletic pants, bare feet.

### **Recommend Supplies For All Dancers:**

- Body conditioning supplies: theraband, rubber ball, foam roller, etc.
- Thera band for Speciality Class
- Umbrella
- notepad & pencil
- hair supplies (if needed)

### **Snacks**

Students are strongly encouraged to bring and eat snacks in-between classes to maintain adequate energy. Unfortunately, snacks are not available for purchase at the Arts Center so please bring your own.

### **Lunch & Building Transitions**

Students are responsible for providing their own lunch, whether that be a sack lunch or purchasing lunch at a downtown restaurant. Students will not be monitored during the lunch hour and building transition unless otherwise requested. The lower Lobby inside the main building is available for use during lunch hour and includes a microwave.

**\*\*Each caregiver is required to sign the Lunch Break & Building Transition Acknowledgement for their child and bring it on the first day of the intensive.\*\***

### **Final Intensive Showing Details**

#### **Junior & Senior Intensive Showing:**

- Saturday, June 14 1:30pm, Studios at Robinson Center KU

Each dancer is encouraged to bring up to 3 guests to the final showing. More details will be announced closer to the final showing.