

Lawrence Dance Intensive

Student Info Packet



lawrence**arts**center

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Hosted at:

Lawrence Arts Center Main Building

940 New Hampshire St
Lawrence, Kansas 66044

&

10th and Mass Studios

1000 Massachusetts St Suite D, Lawrence,
KS 66044

Welcome to the Lawrence Dance Intensive: Summer 2024! We are thrilled to have you spend your summer dancing with us.

This two-week intensive provides dancers with world-class instruction by accomplished faculty, guest artists, and choreographers in the Lawrence Arts Center studios. It is important that every parent/student reads this informational packet thoroughly and understands the demands of this Intensive experience, especially for a first-time attendee.

About the Lawrence Arts Center School of Dance

Established in 1985, the mission of the School of Dance is to cultivate artistry, excellence, and healthy communities through dance training, performance, and outreach. Our vision is to make dance 100% accessible to the entire Lawrence community. For over 30 years, the School of Dance's curriculum has been based on national dance education standards and taught by professionals. Focused on developing the artist as well as the art, the School of Dance offers frequent opportunities for performance through numerous and diverse dance productions as well as the pre-professional ballet company, Lawrence Ballet Theatre.

Our Affiliated Schools/Studios

Thank you to the following studios for their continual support of dance education:

- Pinnacle Gymnastics
- Dance Expressions
- Academy of the Arts
- Dancers Plus

Contact Us

- Dance Staff: dance@lawrenceartscenter.org
- Front Desk Phone: 785-843-2787

Important Dates

May 30: Last day to enroll

June 3: First day of the Lawrence Dance Intensive!

June 14: LDI Final Showing

Drop Off & Pickup

Student drop off/arrival is scheduled daily from 8:50-9am and pick up/dismissal from 11:45-11:50am for junior intensive dancers and 3:35-3:55pm for senior intensive dancers.

What to Expect on your First Day

During the June 3 morning session, students will attend a brief welcome meeting at 10th & Mass Studios with the faculty and staff. Each student will then attend one of two ballet placement classes (determined by age) and either a pointe placement (for students with at least 1 year of prior experience en pointe) or a specialty class. Junior intensive dancers will be dismissed, and senior intensive dancers will have a lunch break. During the afternoon session, all students will have a specialty class and students will have an audition for the choreographed works. Each dancer should bring their own lunch on the first day.

Classes may include:

- Ballet Technique
- Pointe
- Jazz
- Choreography
- Modern/Contemporary
- Variation
- Music for Dancers
- Hip Hop
- Creative Process
- Pilates
- Men's Ballet
- Wellness

Daily Curriculum (subject to change)

Session I & II: Junior Ballet Intensives

- 8:45-8:55 am | Student Arrival
- 9-10:15 am | Ballet Technique
- 10:30-11:45 am | Ballet Enrichment, Contemporary
- 11:50 pm | Student Pick-Up

Week I: Senior Intensive

- 8:45-8:55 am | Student Arrival
- 9-10:30 am | Ballet Technique
- 10:45-11:45 am | Pointe, Ballet Enrichment, Men's Ballet, Variations
- 11:45 am-12:45 pm | Lunch Break
- 12:45-1:55 pm | Jazz, Modern/Contemporary, Creative Process, Hip Hop
- 2-3:30 pm | Choreo/Rehearsal

Week II: Senior Intensive

- 8:45-8:55 am | Student Arrival
- 9-10:30 am | Ballet Technique
- 10:45-11:45 am | Pointe, Ballet Enrichment, Men's Ballet, Variations
- 11:45-12:45 pm | Lunch Break
- 12:45-1:55 | Hip Hop, Jazz, Modern/Contemporary, Music for Dancers
- 2-3:30 | Choreo/Rehearsal

Faculty & Guests

- Ashley Brittingham
- Jerel Hilding
- Tristian Griffin
- Sean Duus
- Kristopher Este-Brown
- Tiffany Best
- Lieana Sherry
- Mike Dolman
- Ashley Sandefur
- Andie Stitt
- Claire Buss

Class Attire

Students are required to wear proper attire for each class as listed below. Students are also encouraged to bring sweatpants/sweatshirts in case the studios are cool during the morning session.

Class Attire for Female Identifying Dancers:

- Ballet: Any color leotard, tights, ballet shoes; hair must be secured in a bun.
- Pointe: (determined by pointe placement--must have at least 1 years of prior experience en pointe): Pointe shoes and supplies.
- Jazz/Contemporary: Any color leotard, tights
- (convertible), black jazz pants/leggings/capris pants, jazz shoes (suggested) or ballet shoes (if student does not have jazz shoes).
- Modern: Any color leotard, tights (convertible or non- convertible), black jazz pants/leggings/capris pants, bare feet.

Class Attire For Male Identifying Dancers:

- Ballet: Fitted white t-shirt, dance belt, black tights, ballet shoes.
- Jazz/Contemporary: Fitted white t-shirt, black jazz or athletic pants, jazz shoes (suggested) or ballet shoes (if student does not have jazz shoes).
- Modern: Fitted white t-shirt, black jazz or athletic pants, bare feet.

Recommend Supplies For All Dancers:

- Body conditioning supplies: theraband, rubber ball, foam roller, etc.
- Thera band for Speciality Class
- Umbrella
- notepad & pencil
- hair supplies (if needed)

Snacks

Students are strongly encouraged to bring and eat snacks in-between classes to maintain adequate energy. Unfortunately, snacks are not available for purchase at the Arts Center so please bring your own.

Lunch & Building Transitions

Students are responsible for providing their own lunch, whether that be a sack lunch or purchasing lunch at a downtown restaurant. Students will not be monitored during the lunch hour and building transition unless otherwise requested. The lower Lobby inside the main building is available for use during lunch hour and includes a microwave.

****Each caregiver is required to sign the Lunch Break & Building Transition Acknowledgement for their child and bring it on the first day of the intensive.****

Final Intensive Showing Details

Junior Intensive:

- Friday June 7th, Studio B at 10th & Mass Studios (Time TBD)
Jr. Intensive students are invited to participate with the Sr. Intensive students in the final showing

Senior Intensive Session:

- Friday June 16, 1:30pm, Studio B at 10th & Mass Studios

Each dancer is encouraged to bring up to 3 guests to the final showing. More details will be announced closer to the final showing.